

Fasenra[®] (benralizumab)

Useful information about your severe asthma treatment

This booklet is intended for UK patients who have been prescribed Fasenra for severe eosinophilic asthma.

It does not replace the Patient Information Leaflet which you should read alongside this booklet and can be found in each pack of Fasenra.

This booklet has been developed and funded by AstraZeneca, the manufacturer of Fasenra.

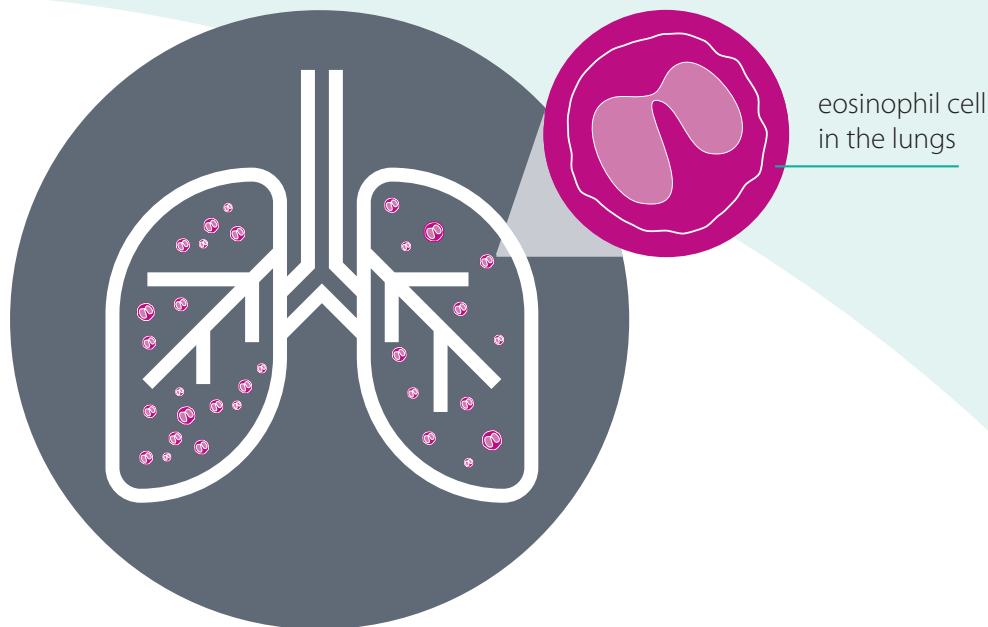
What is eosinophilic asthma?

Eosinophils are a type of white blood cell. These cells work to protect your body from certain infections.

Usually, eosinophils live for a short time in your body and once they've done their job, your body removes them.

But in people with eosinophilic asthma, there are too many eosinophils in the blood, which move into the lungs, causing inflammation which in turn results in breathing problems.

Your doctor has concluded that your asthma symptoms are linked to high levels of eosinophils.

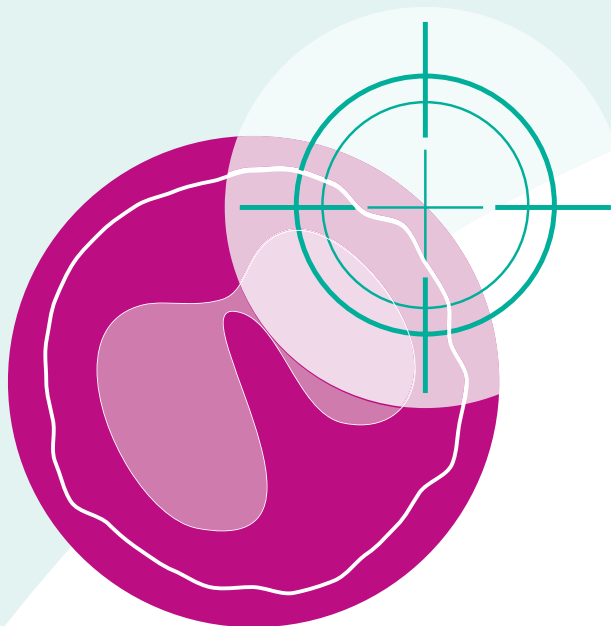


Why has your doctor prescribed Fasenra?

Fasenra is an injectable treatment for severe eosinophilic asthma that directly targets eosinophils, helping your body to eliminate them from your blood and lungs.

This may reduce the number of asthma attacks you have, help you to breathe better and decrease your asthma symptoms.

It's important to keep taking any other asthma treatment (inhalers/tablets) your doctor has prescribed for you.



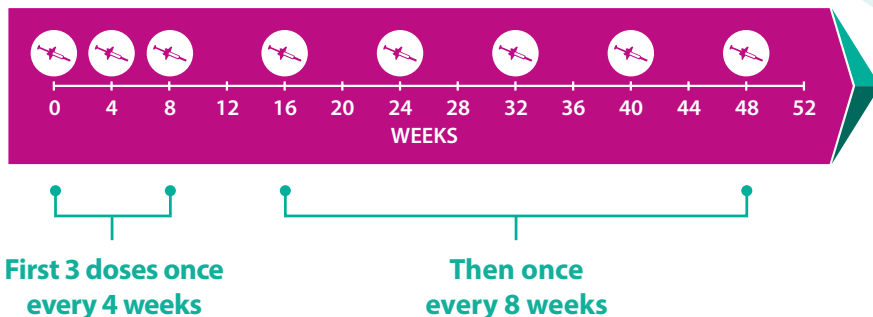
If you are taking 'oral corticosteroids', using Fasenra may also allow you to reduce the daily dose needed to control your asthma or stop taking them completely. You should follow your doctor's advice on this.

How will you receive your Fasenra injections?

A doctor, nurse or other healthcare professional will give you the injections just under the skin in either your upper arm, abdomen or thigh.

Unless you are told something different by your doctor or nurse, your treatment schedule will be as shown below:

Your first year of treatment with Fasenra



If you cannot make your Fasenra appointment or have missed a dose of Fasenra: contact your doctor or nurse as soon as possible to re-schedule your appointment.

Stopping treatment with Fasenra: do not stop treatment with Fasenra unless your doctor advises you to. Interrupting or stopping treatment with Fasenra may cause your asthma symptoms and attacks to come back.

Are there any side effects with Fasenra treatment?

As with all medicines, it is possible that you could experience some side effects with Fasenra treatment but not everyone does.

Common side effects, which may affect up to 1 in 10 asthma patients, include:

- Headache
- Pharyngitis (sore throat)
- Fever (high temperature)
- Injection site reaction (eg. pain, redness, itching, swelling near where the injection was given)

Some people may have allergic reactions.

These reactions are common (these may affect up to 1 in 10 people)

Symptoms usually include:

- Hives
- Rash

In some cases, patients may experience a severe allergic reaction known as anaphylaxis.

However, the frequency cannot be determined by the available data. The symptoms usually include:

- Swelling of your face, tongue, or mouth
- Breathing problems
- Fainting, dizziness, feeling lightheaded (due to a drop in blood pressure)

Seek medical attention immediately if you think you may be having an allergic reaction. Such reactions may happen within hours or days after the injection.

Please refer to the Patient Information Leaflet in the Fasenra pack for further information on possible side-effects.

If you experience any side effects, please talk to your doctor, nurse or pharmacist

Letting your doctor know how your treatment is going

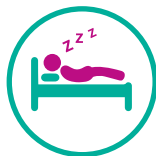
Your doctor or nurse will want to know if your asthma symptoms are improving or if they continue to affect your daily life.

Before your appointment, spend a few minutes thinking about the points below so you can give them a good overall picture of how you are getting on.



Breathing

Are you coughing or wheezing?



Sleep

Is your asthma preventing you from getting a good night's sleep?



Asthma attacks

How many (if any) have you had?
How bad were they?



Daily activities

Are you now more able to do certain activities (e.g. shopping, going for a walk) than you were before you started treatment?



Medication

Are you taking your preventer inhaler as instructed?

How often are you using your reliever inhaler?

How many corticosteroid tablets are you taking?

Where to find more information

If you have any questions or concerns, you should speak to your doctor, nurse or pharmacist. You should also read the Patient Information Leaflet as this contains useful information. You can find the Patient Information Leaflet in each pack of Fasenra.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse.

This includes any possible side effects not listed in the package leaflet.

You can also report side effects directly via the Yellow Card Scheme at:

www.mhra.gov.uk/yellowcard

By reporting side effects, you can help provide more information on the safety of this medicine



Ongoing support on your treatment journey

Patient hotline:
08004 700329

Mon-Fri 8am-6pm | Sat 9am-5pm
Outside of working hours please contact
your doctor or nurse, or in case of
emergency call 999.

Patient website:
connect360asthma.co.uk

